

15

400m Individual Medley Men Final

Official



13NZR

13 Years New Zealand Short
Course Record

4:35.84 2006-09-25

Mitchell Donaldson
PARAK

14NZR

14 Years New Zealand Short
Course Record4:28.23  Hawkes BayAriel Muchirahondo
 Swim Rotorua

NZR

Open New Zealand Short Course

4:06.66 2003-01-25

Dean Kent

Show more



Qualified








Heats




Summary

Total

Rank	Competitor	Age	Club	RT	PTS	Result
1	 Brown Sam	20	 Coast Swi...	0.75		4:08.84 Entry: 4:20.03 (-11.19)
	25m: 11.94	50m: 26.83 (14.89)	75m: 41.94 (15.11)			
	100m: 57.64 (15.70)	125m: 1:13.51 (15.87)	150m: 1:28.63 (15.12)			
	175m: 1:44.28 (15.65)	200m: 1:59.43 (15.15)	225m: 2:16.74 (17.31)			
	250m: 2:34.51 (17.77)	275m: 2:52.14 (17.63)	300m: 3:09.93 (17.79)			
	325m: 3:25.11 (15.18)	350m: 3:39.61 (14.50)	375m: 3:54.54 (14.93)			
	400m: 4:08.84 (14.30)					
2	 Helms Blair	22	 North Shor...	0.65		4:16.90 Entry: 4:21.19 (-4.29)
	25m: 11.78	50m: 26.70 (14.92)	75m: 42.08 (15.38)			
	100m: 58.06 (15.98)	125m: 1:14.69 (16.63)	150m: 1:30.97 (16.28)			
	175m: 1:47.29 (16.32)	200m: 2:03.32 (16.03)	225m: 2:21.09 (17.77)			
	250m: 2:39.36 (18.27)	275m: 2:57.62 (18.26)	300m: 3:16.08 (18.46)			
	325m: 3:31.71 (15.63)	350m: 3:46.71 (15.00)	375m: 4:01.94 (15.23)			
	400m: 4:16.90 (14.96)					
3	 Biddell (V) Harrison	19	 Australia	0.66		4:18.80 Entry: 4:25.12 (-6.32)
	25m: 12.48	50m: 27.99 (15.51)	75m: 43.79 (15.80)			
	100m: 1:00.00 (16.21)	125m: 1:17.76 (17.76)	150m: 1:35.08 (17.32)			
	175m: 1:52.37 (17.29)	200m: 2:09.50 (17.13)	225m: 2:26.73 (17.23)			
	250m: 2:44.53 (17.80)	275m: 3:02.43 (17.90)	300m: 3:20.47 (18.04)			
	325m: 3:36.27 (15.80)	350m: 3:51.06 (14.79)	375m: 4:05.41 (14.35)			
	400m: 4:18.80 (13.39)					
3	 Batchelor Hugo	19	 United Swi...	0.68		4:19.52 Entry: 4:26.94 (-7.42)
	25m: 12.60	50m: 27.66 (15.06)	75m: 42.87 (15.21)			
	100m: 58.76 (15.89)	125m: 1:16.14 (17.38)	150m: 1:32.71 (16.57)			
	175m: 1:48.94 (16.23)	200m: 2:05.47 (16.53)	225m: 2:23.55 (18.08)			
	250m: 2:41.90 (18.35)	275m: 3:00.56 (18.66)	300m: 3:19.50 (18.94)			
	325m: 3:35.23 (15.73)	350m: 3:50.23 (15.00)	375m: 4:05.14 (14.91)			
	400m: 4:19.52 (14.38)					
5	 Muchirahondo Ariel	15	 Swim Rotor...	0.75		4:21.16 Entry: 4:22.32 (-1.16)
	25m: 12.56	50m: 27.68 (15.12)	75m: 42.96 (15.28)			
	100m: 59.15 (16.19)	125m: 1:15.72 (16.57)	150m: 1:31.80 (16.08)			
	175m: 1:48.05 (16.25)	200m: 2:04.12 (16.07)	225m: 2:22.49 (18.37)			
	250m: 2:41.07 (18.58)	275m: 3:00.49 (19.42)	300m: 3:19.97 (19.48)			

325m: 3:35.92 (15.95) 350m: 3:51.12 (15.20) 375m: 4:06.23 (15.11)
400m: 4:21.16 (14.93)


6  Eley (V) Cael

16  Australia 0.72

4:22.46
Entry: 4:23.48 (-1.02)

25m: 12.29 50m: 27.69 (15.40) 75m: 43.73 (16.04)
100m: 1:00.48 (16.75) 125m: 1:17.50 (17.02) 150m: 1:34.09 (16.59)
175m: 1:50.40 (16.31) 200m: 2:06.89 (16.49) 225m: 2:25.11 (18.22)
250m: 2:43.54 (18.43) 275m: 3:02.07 (18.53) 300m: 3:20.88 (18.81)
325m: 3:36.57 (15.69) 350m: 3:51.96 (15.39) 375m: 4:07.46 (15.50)
400m: 4:22.46 (15.00)


7  Markovich Nemanya

16  Roskill Swi... 0.64

4:27.83
Entry: 4:30.96 (-3.13)

25m: 12.59 50m: 27.85 (15.26) 75m: 43.79 (15.94)
100m: 1:00.27 (16.48) 125m: 1:18.16 (17.89) 150m: 1:35.64 (17.48)
175m: 1:53.05 (17.41) 200m: 2:10.54 (17.49) 225m: 2:29.03 (18.49)
250m: 2:48.03 (19.00) 275m: 3:07.22 (19.19) 300m: 3:26.45 (19.23)
325m: 3:42.19 (15.74) 350m: 3:57.83 (15.64) 375m: 4:13.43 (15.60)
400m: 4:27.83 (14.40)

8  Gibson Luke

18  Club 37 0.79

4:28.99
Entry: 4:29.23 (-0.24)

25m: 12.91 50m: 28.53 (15.62) 75m: 44.79 (16.26)
100m: 1:01.25 (16.46) 125m: 1:18.81 (17.56) 150m: 1:35.69 (16.88)
175m: 1:52.69 (17.00) 200m: 2:09.54 (16.85) 225m: 2:29.41 (19.87)
250m: 2:48.76 (19.35) 275m: 3:07.95 (19.19) 300m: 3:27.33 (19.38)
325m: 3:43.18 (15.85) 350m: 3:58.52 (15.34) 375m: 4:13.97 (15.45)
400m: 4:28.99 (15.02)


9  Love Jack

18  Blenheim S... 0.73

4:31.74
Entry: 4:25.98 (+5.76)


25m: 12.70 50m: 28.18 (15.48) 75m: 44.46 (16.28)
100m: 1:00.90 (16.44) 125m: 1:18.53 (17.63) 150m: 1:35.38 (16.85)
175m: 1:52.47 (17.09) 200m: 2:09.13 (16.66) 225m: 2:29.47 (20.34)
250m: 2:49.59 (20.12) 275m: 3:10.13 (20.54) 300m: 3:30.63 (20.50)
325m: 3:46.41 (15.78) 350m: 4:01.78 (15.37) 375m: 4:16.92 (15.14)
400m: 4:31.74 (14.82)


10  Walker Nathan

19  Aquagym S... 0.63

4:35.09
Entry: 4:35.03 (+0.06)

25m: 12.49 50m: 28.52 (16.03) 75m: 44.99 (16.47)
100m: 1:01.88 (16.89) 125m: 1:19.88 (18.00) 150m: 1:37.55 (17.67)
175m: 1:55.45 (17.90) 200m: 2:13.15 (17.70) 225m: 2:31.58 (18.43)
250m: 2:50.94 (19.36) 275m: 3:10.24 (19.30) 300m: 3:29.76 (19.52)
325m: 3:46.85 (17.09) 350m: 4:03.08 (16.23) 375m: 4:19.48 (16.40)
400m: 4:35.09 (15.61)

11  Luscombe (V) Clancy

19  Australia 0.73

4:27.19
Entry: 4:36.52 (-9.33)

25m: 12.71 50m: 28.06 (15.35) 75m: 43.96 (15.90)
100m: 1:00.52 (16.56) 125m: 1:17.49 (16.97) 150m: 1:33.80 (16.31)
175m: 1:50.17 (16.37) 200m: 2:06.44 (16.27) 225m: 2:25.91 (19.47)
250m: 2:45.83 (19.92) 275m: 3:05.61 (19.78) 300m: 3:25.74 (20.13)
325m: 3:41.90 (16.16) 350m: 3:57.32 (15.42) 375m: 4:12.72 (15.40)
400m: 4:27.19 (14.47)

12  Mellsop Curtis

21  Nga Tai Tu... 0.68

4:36.71
Entry: 4:38.29 (-1.58)

25m: 12.61 50m: 27.66 (15.05) 75m: 43.28 (15.62)
100m: 59.37 (16.09) 125m: 1:16.91 (17.54) 150m: 1:34.29 (17.38)
175m: 1:52.00 (17.71) 200m: 2:09.76 (17.76) 225m: 2:30.97 (21.21)
250m: 2:51.28 (20.31) 275m: 3:11.90 (20.62) 300m: 3:32.78 (20.88)

325m: 3:49.41 (16.63) 350m: 4:05.77 (16.36) 375m: 4:21.68 (15.91)
400m: 4:36.71 (15.03)

13  Buissinne Dieter

20  North Shore... 0.67

4:36.77
Entry: 4:42.65 (-5.88)

25m: 12.60	50m: 28.39 (15.79)	75m: 44.84 (16.45)
100m: 1:02.03 (17.19)	125m: 1:20.89 (18.86)	150m: 1:38.98 (18.09)
175m: 1:56.92 (17.94)	200m: 2:14.38 (17.46)	225m: 2:34.26 (19.88)
250m: 2:54.38 (20.12)	275m: 3:14.23 (19.85)	300m: 3:34.14 (19.91)
325m: 3:50.18 (16.04)	350m: 4:06.00 (15.82)	375m: 4:21.66 (15.66)
400m: 4:36.77 (15.11)		

14  Lloyd Hunter

16  Raumati S... 0.63

4:38.14
Entry: 4:35.24 (+2.90)

25m: 12.36	50m: 27.76 (15.40)	75m: 43.87 (16.11)
100m: 1:00.40 (16.53)	125m: 1:18.48 (18.08)	150m: 1:35.97 (17.49)
175m: 1:53.81 (17.84)	200m: 2:11.42 (17.61)	225m: 2:32.26 (20.84)
250m: 2:52.97 (20.71)	275m: 3:13.99 (21.02)	300m: 3:34.93 (20.94)
325m: 3:51.25 (16.32)	350m: 4:07.05 (15.80)	375m: 4:22.90 (15.85)
400m: 4:38.14 (15.24)		

15  Cowen Nicholas

17  North Shore... 0.66

4:39.01
Entry: 4:41.32 (-2.31)

25m: 13.53	50m: 29.54 (16.01)	75m: 46.44 (16.90)
100m: 1:03.90 (17.46)	125m: 1:22.65 (18.75)	150m: 1:40.95 (18.30)
175m: 1:59.26 (18.31)	200m: 2:17.12 (17.86)	225m: 2:35.91 (18.79)
250m: 2:54.88 (18.97)	275m: 3:14.24 (19.36)	300m: 3:33.62 (19.38)
325m: 3:50.64 (17.02)	350m: 4:06.87 (16.23)	375m: 4:23.15 (16.28)
400m: 4:39.01 (15.86)		

16  Broadfoot Declan

14  Pirates Swi... 0.70

4:39.13
Entry: 4:42.32 (-3.19)

25m: 13.08	50m: 29.21 (16.13)	75m: 45.84 (16.63)
100m: 1:03.31 (17.47)	125m: 1:21.56 (18.25)	150m: 1:38.70 (17.14)
175m: 1:56.38 (17.68)	200m: 2:14.15 (17.77)	225m: 2:33.98 (19.83)
250m: 2:53.99 (20.01)	275m: 3:14.28 (20.29)	300m: 3:34.56 (20.28)
325m: 3:51.42 (16.86)	350m: 4:07.52 (16.10)	375m: 4:23.73 (16.21)
400m: 4:39.13 (15.40)		

17  Solodi Nico

18  Aquagym S... 0.67

4:39.14
Entry: 4:37.95 (+1.19)


25m: 13.25	50m: 29.40 (16.15)	75m: 46.26 (16.86)
100m: 1:03.59 (17.33)	125m: 1:22.04 (18.45)	150m: 1:39.63 (17.59)
175m: 1:57.20 (17.57)	200m: 2:15.12 (17.92)	225m: 2:35.12 (20.00)
250m: 2:55.14 (20.02)	275m: 3:15.17 (20.03)	300m: 3:35.37 (20.20)
325m: 3:52.17 (16.80)	350m: 4:08.22 (16.05)	375m: 4:24.44 (16.22)
400m: 4:39.14 (14.70)		

18  Wells Soeren

15  Wharenui S... 0.74

4:40.39
Entry: 4:39.66 (+0.73)

25m: 13.64	50m: 30.16 (16.52)	75m: 47.41 (17.25)
100m: 1:04.79 (17.38)	125m: 1:22.64 (17.85)	150m: 1:39.69 (17.05)
175m: 1:57.01 (17.32)	200m: 2:14.57 (17.56)	225m: 2:35.65 (21.08)
250m: 2:56.41 (20.76)	275m: 3:17.69 (21.28)	300m: 3:38.88 (21.19)
325m: 3:55.28 (16.40)	350m: 4:10.59 (15.31)	375m: 4:25.94 (15.35)
400m: 4:40.39 (14.45)		

19  Manning (V) Benjamin

15  Australia 0.69

4:41.60
Entry: 4:37.77 (+3.83)

25m: 12.92	50m: 28.05 (15.13)	75m: 43.82 (15.77)
100m: 1:00.56 (16.74)	125m: 1:18.58 (18.02)	150m: 1:35.92 (17.34)
175m: 1:53.73 (17.81)	200m: 2:11.27 (17.54)	225m: 2:32.24 (20.97)
250m: 2:53.52 (21.28)	275m: 3:15.17 (21.65)	300m: 3:37.27 (22.10)

325m: 3:53.97 (16.70) 350m: 4:09.83 (15.86) 375m: 4:25.94 (16.11)
400m: 4:41.60 (15.66)

20  Grace Flynn

16  Vikings Swi... 0.76

4:43.23
Entry: 4:45.19 (-1.96)


25m: 12.96	50m: 28.74 (15.78)	75m: 45.23 (16.49)
100m: 1:02.27 (17.04)	125m: 1:20.80 (18.53)	150m: 1:39.01 (18.21)
175m: 1:57.00 (17.99)	200m: 2:15.67 (18.67)	225m: 2:34.58 (18.91)
250m: 2:55.30 (20.72)	275m: 3:16.18 (20.88)	300m: 3:37.89 (21.71)
325m: 3:54.74 (16.85)	350m: 4:11.01 (16.27)	375m: 4:27.32 (16.31)
400m: 4:43.23 (15.91)		

21  Copocean Alexander

15  St Paul's S... 0.74

4:43.54
Entry: 4:49.82 (-6.28)

25m: 13.74	50m: 30.10 (16.36)	75m: 47.47 (17.37)
100m: 1:05.41 (17.94)	125m: 1:24.47 (19.06)	150m: 1:42.25 (17.78)
175m: 2:00.34 (18.09)	200m: 2:18.19 (17.85)	225m: 2:39.02 (20.83)
250m: 2:59.66 (20.64)	275m: 3:20.61 (20.95)	300m: 3:41.49 (20.88)
325m: 3:57.96 (16.47)	350m: 4:13.27 (15.31)	375m: 4:28.73 (15.46)
400m: 4:43.54 (14.81)		

22  Asiata Samuel

16  Howick Pak... 0.67

4:45.75
Entry: 4:53.42 (-7.67)

25m: 13.06	50m: 29.31 (16.25)	75m: 46.31 (17.00)
100m: 1:03.96 (17.65)	125m: 1:23.05 (19.09)	150m: 1:40.93 (17.88)
175m: 1:58.73 (17.80)	200m: 2:17.20 (18.47)	225m: 2:37.88 (20.68)
250m: 2:58.99 (21.11)	275m: 3:20.13 (21.14)	300m: 3:41.46 (21.33)
325m: 3:58.19 (16.73)	350m: 4:14.25 (16.06)	375m: 4:30.40 (16.15)
400m: 4:45.75 (15.35)		


23  Joyce Josiah

15  St Paul's S... 0.64

4:46.07
Entry: 4:46.70 (-0.63)

25m: 13.38	50m: 29.75 (16.37)	75m: 46.92 (17.17)
100m: 1:04.32 (17.40)	125m: 1:22.34 (18.02)	150m: 1:39.80 (17.46)
175m: 1:57.85 (18.05)	200m: 2:15.48 (17.63)	225m: 2:36.77 (21.29)
250m: 2:58.08 (21.31)	275m: 3:19.42 (21.34)	300m: 3:40.99 (21.57)
325m: 3:57.94 (16.95)	350m: 4:14.19 (16.25)	375m: 4:30.27 (16.08)
400m: 4:46.07 (15.80)		

24  Sugiyama Taka

16  Kiwi ASC 0.71

4:48.41
Entry: 4:51.26 (-2.85)

25m: 13.83	50m: 30.22 (16.39)	75m: 47.65 (17.43)
100m: 1:06.10 (18.45)	125m: 1:24.90 (18.80)	150m: 1:42.87 (17.97)
175m: 2:01.01 (18.14)	200m: 2:19.15 (18.14)	225m: 2:39.46 (20.31)
250m: 3:00.14 (20.68)	275m: 3:21.34 (21.20)	300m: 3:42.40 (21.06)
325m: 3:59.24 (16.84)	350m: 4:15.65 (16.41)	375m: 4:32.38 (16.73)
400m: 4:48.41 (16.03)		


25  Beattie Flyn

16  Mt Maunga... 0.78

4:48.77
Entry: 4:48.89 (-0.12)

25m: 13.46	50m: 29.33 (15.87)	75m: 46.27 (16.94)
100m: 1:03.87 (17.60)	125m: 1:23.09 (19.22)	150m: 1:41.79 (18.70)
175m: 2:00.64 (18.85)	200m: 2:19.15 (18.51)	225m: 2:39.95 (20.80)
250m: 3:00.89 (20.94)	275m: 3:22.20 (21.31)	300m: 3:44.09 (21.89)
325m: 4:00.74 (16.65)	350m: 4:16.97 (16.23)	375m: 4:33.37 (16.40)
400m: 4:48.77 (15.40)		

26  BakerSefo Ionatana

16  Pirates Swi... 0.71

4:48.91
Entry: 4:51.43 (-2.52)

25m: 12.83	50m: 29.02 (16.19)	75m: 45.45 (16.43)
100m: 1:03.49 (18.04)	125m: 1:22.81 (19.32)	150m: 1:41.19 (18.38)
175m: 1:59.88 (18.69)	200m: 2:18.27 (18.39)	225m: 2:38.27 (20.00)
250m: 2:58.86 (20.59)	275m: 3:20.18 (21.32)	300m: 3:41.82 (21.64)

325m: 3:59.38 (17.56) 350m: 4:16.07 (16.69) 375m: 4:32.94 (16.87)
400m: 4:48.91 (15.97)

27  **Park John**

16  **St Paul's S...** 0.71

4:50.07
Entry: 4:55.81 (-5.74)

25m: 13.61	50m: 30.83 (17.22)	75m: 47.95 (17.12)
100m: 1:05.79 (17.84)	125m: 1:25.13 (19.34)	150m: 1:43.71 (18.58)
175m: 2:02.29 (18.58)	200m: 2:20.73 (18.44)	225m: 2:41.38 (20.65)
250m: 3:02.20 (20.82)	275m: 3:22.85 (20.65)	300m: 3:43.80 (20.95)
325m: 4:01.12 (17.32)	350m: 4:17.71 (16.59)	375m: 4:34.22 (16.51)
400m: 4:50.07 (15.85)		

28  **Overend Charlie**

16  **Selwyn Swi...** 0.79

4:54.64
Entry: 4:53.14 (+1.50)

25m: 13.38	50m: 30.22 (16.84)	75m: 48.39 (18.17)
100m: 1:07.26 (18.87)	125m: 1:26.09 (18.83)	150m: 1:43.28 (17.19)
175m: 2:01.26 (17.98)	200m: 2:18.20 (16.94)	225m: 2:40.29 (22.09)
250m: 3:02.83 (22.54)	275m: 3:25.44 (22.61)	300m: 3:48.08 (22.64)
325m: 4:05.41 (17.33)	350m: 4:21.80 (16.39)	375m: 4:38.74 (16.94)
400m: 4:54.64 (15.90)		

29  **Liu Sonny**

14  **North Shor...** 0.65

5:00.89
Entry: 4:55.75 (+5.14)

25m: 14.55	50m: 32.41 (17.86)	75m: 50.53 (18.12)
100m: 1:09.18 (18.65)	125m: 1:29.00 (19.82)	150m: 1:48.58 (19.58)
175m: 2:08.13 (19.55)	200m: 2:27.74 (19.61)	225m: 2:48.13 (20.39)
250m: 3:08.87 (20.74)	275m: 3:29.77 (20.90)	300m: 3:51.17 (21.40)
325m: 4:08.58 (17.41)	350m: 4:26.01 (17.43)	375m: 4:43.33 (17.32)
400m: 5:00.89 (17.56)		

30  **Brady Michael**

15  **North Shor...** 0.68

5:01.51
Entry: 4:53.63 (+7.88)

25m: 14.63	50m: 31.85 (17.22)	75m: 49.58 (17.73)
100m: 1:07.79 (18.21)	125m: 1:27.72 (19.93)	150m: 1:46.59 (18.87)
175m: 2:05.95 (19.36)	200m: 2:24.34 (18.39)	225m: 2:46.19 (21.85)
250m: 3:07.76 (21.57)	275m: 3:29.26 (21.50)	300m: 3:50.90 (21.64)
325m: 4:09.59 (18.69)	350m: 4:27.21 (17.62)	375m: 4:44.86 (17.65)
400m: 5:01.51 (16.65)		